

	<p>A.M. REDDY Memorial College of Engineering and Technology Approved by AICTE, New Delhi, Affiliated to JNTUK-Kakinada SPONSORED BY ATLURI MASTAN REDDY EDUCATIONAL SOCIETY, REG. NO. 450/2003</p>	<p>An ISO 9001:2015 Certified Institution Web : www.amreddyengineering.ac.in E.mail: principal.amreddyengineering@gmail.com VINUKONDA ROAD, MASTAN REDDY NAGAR, PETLURIVARIPALEM, NARASARAOPET PALNADU (DIST) - 522601, CONTACT : 08647-247190.</p>
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**List of Programs Conducted and the Number of Students Enrolled for
Life Skills**

S. No	Name of the Capacity Development and Skills Enhancement Program	Number of Students Enrolled
1	Yoga and Meditation	67
2	Inhale future, Exhale the past	72
3	Yoga for all	50
4	A Yoga morning gram	64
5	Inhale future, Exhale the past	76

Programs Conducted for Life Skills in A.Y 2018-19 to 2022-23

S. No	Name of the Capacity Development and Skills Enhancement Program	Page No
1	Yoga and Meditation	1-7
2	Inhale future, Exhale the past	8-14
3	Yoga for all	15-20
4	A Yoga morning gram	21-27
5	Inhale future, Exhale the past	28-34